

# Pair Dance

HARRIET MACAULEY | RICHARD LEONARD

**Body Basic<sup>®</sup>**

**RUSH: Young Leaders in Our Community**

## Application Form

Welcome to Body Basic & *RUSH: Young Leaders in Our Community*, your local community initiative, supported by Hertsmere Borough Council, to keep young people active, healthy and creative.

Regular physical activity for young people is fun and healthy and increasingly more people are signing up to physically active programmes every day.

Please complete in **BLOCK CAPITALS**

First Name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_ Date of birth \_\_\_\_\_ Age \_\_\_\_\_

Gender \_\_\_\_\_ Ethnicity \_\_\_\_\_

Email \_\_\_\_\_

Name of school/college you are attending? \_\_\_\_\_

Do you have any special needs or requirements we should know about?

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## Informed Consent

Please read the following questions carefully and circle accordingly:

- Do you lose your balance because of dizziness or do you ever lose consciousness?  
**YES**                      **NO**
- Do you have a bone or joint problem that could be made worse by a change in your physical activity?  
**YES**                      **NO**
- Do you know of any reason why you should not participate in a session?  
**YES**                      **NO**
- Is there any reason, health and otherwise, which could prevent you from taking part in a session?  
**YES**                      **NO**

Please note: If you are not feeling well because of a temporary illness such as a cold or fever, wait until you feel better before commencing sessions as you will not be admitted.

I know of no reason why the above applicant should not participate in a session.

I have read, understood and completed this questionnaire.

Parent/Guardian name \_\_\_\_\_

Parent/Guardian Contact No \_\_\_\_\_

Signed \_\_\_\_\_

Today's date \_\_\_\_\_

**Please hand in on day of attendance or return to:**

Pair Dance/ Body Basic & RUSH: Young Leaders in Our Community  
t. 0208 953 8422 bodybasic@pairedance.org www.pairedance.org

